

## LUNCH



BEDINGFELD ARMS  
SINCE 1783

Crusty bread, olive oil & balsamic dip 3.5    Bowl of olives 3.5

### Starters

- Soup of the day, crusty bread, butter 6
- Chicken liver pate, toast 7
- Crab and prawn fishcake, sweet chilli sauce 8.5
- Deep fried whitebait, lemon, paprika & black pepper mayo 8
- Crispy Tempura vegetables, saffron mayo 8
- Crispy salt & pepper squid, garlic mayo 8
- King prawns Pil Pil, garlic & chili oil, crusty bread 10

### Mains

- Breaded pork fillet schnitzel, wild mushroom chasseur sauce, fries or chive & butter mash, spring greens 18
- Fish stew. Salmon, cod, king prawns & mussels slowly cooked in white wine, tomato and tarragon, with spring greens, garlic mayo & crusty bread 17
- Beef Bourguignon: Our slow cooked very local Aberdeen Angus, horseradish mash, seasonal veg 16
- Medallions of peppered chicken breast, brandy & double cream sauce, salad, skinny fries 16
- Feta and chia seed salad, avocado, olives, peppers, cucumber, celery, cherry tomatoes 14
- Pan fried salmon fillet, salad, buttered new potatoes, lime and black pepper mayo 18
- Bangers and Mash, crispy onions, spring vegetables, rich onion gravy 16
- Pan fried seabass, mussel velouté sauce, skinny fries or buttered new potatoes, spring greens 20    gf
- 8 oz Sirloin steak. Aberdeen Angus, roasted cherry tomatoes, crispy onion rings, sauteed mushrooms, house salad, skinny fries or chunky chips 28    add bearnaise, blue cheese & garlic or peppercorn sauce 4
- Beer battered haddock, mushy peas, triple cooked chips, tartare sauce 16
- Bedingfeld Burger. Our homegrown Aberdeen Angus, bacon, cheese, house relish, skinny fries 15
- Fajitas. Your choice of sizzling tender chicken strips, our own succulent Aberdeen Angus beef strips, juicy king prawns or crispy vegetables, wok fried with spices, soft flour tortillas, salsa, guacamole, soured cream & salad 14

If you would like a vegan dish or have any dietary requirements, please let us know and we will make something specially for you

Dishes may contain allergens. The kitchen is NOT a nut free environment